



FOX TRAIL

PROPERTY OWNERS' ASSOCIATION

FOXTRAILPOA.COM

As a reminder, the newsletter will be an electronic version that will available on the Fox Trail POA website.
This is a quarterly publication.
We encourage feedback and suggestions to help keep the community informed and "In the know".



'TIS THE SEASON FOR GIVING

Thank you to the Board of Directors for their donation of the new entrance signs.



FOX TRAIL

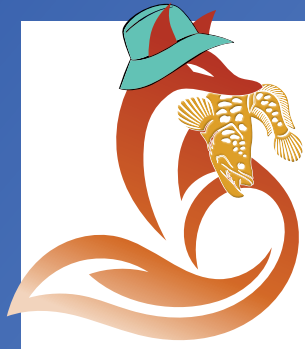
PROPERTY OWNERS' ASSOCIATION



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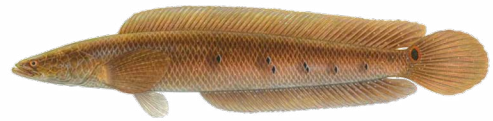
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Fishing Roundup



FOX TRAIL SNAKEHEAD FISHING ROUNDUP

JANUARY 4-5, 2025
CANALS WITHIN FOX TRAIL COMMUNITY



→ SNAKEHEAD FISH

PURPOSE:

1. Reduce/eliminate the invasive Snakehead population in our canals. Snakeheads primarily eat small fish and crustaceans, reducing native fish populations.
2. Promote conservation in our neighborhood. This is the start of a conservation plan to reintroduce Grass Carp which will help control vegetation growth along our canals.
3. Increase resident participation and social contact with their neighbors.

ROUND UP ACTIVITIES:

1. Round Up is Sat, Jan 4 from sunrise to 5 pm.
An award picnic will take place on Sun, Jan 5.
2. Digital Registration on the **FOX TRAIL WEBSITE**. \$10 registration fee for individuals or \$20/family.
3. Residents must have a freshwater fishing license unless they are exempt per FWC regulations.
4. Guests (non-residents) must be sponsored by a Fox Trail resident.
5. Snakeheads should be killed in a humane method.
6. Nightly collection/weigh-in of catch.
7. Give prizes for youth and adult categories.
8. Award picnic, Sunday, Jan 5 for any resident who would like to attend.



**CLICK HERE
TO REGISTER**

Neighborhood Pet Database *Find a Missing/Lost Pet*



The Fox Trail POA is happy to announce the creation of a **Pet Database**. Participation is **completely voluntary**. In the interest of personal safety, the results will not be available for viewing by the residents, but all board members will have access. You can contact the board here if you have lost or found a pet: **(561) 879-0907** or **info@foxtrailpoa.com**

If your lost pets are not in the database there are other ways you can help bring them home.

FOR DOGS

- Organize a search party
- Create and distribute Lost Animal Flyers/Posters
- Post to social media and Nextdoor
- Leave food and bedding out overnight
- Consider setting a humane trap



FOR CATS

See the suggestions for lost dogs. Also, thoroughly search the home, garage, and yard. Check in bushes in trees, especially at night when it may be easier to see the eyes of the cat reflecting the flashlight beam.

**CLICK HERE TO ADD YOUR
PET INFORMATION**

**CLICK HERE FOR MORE
INFORMATION ON LOST/
MISSING PETS**

Collecting Canal at the Weir Gate *Re-Moving Day*

Flood control in our neighborhood depends on well-maintained canals. This requires that land adjacent to a canal embankment be clear of trees, shrubs, vegetation and other encroaching trash or objects.

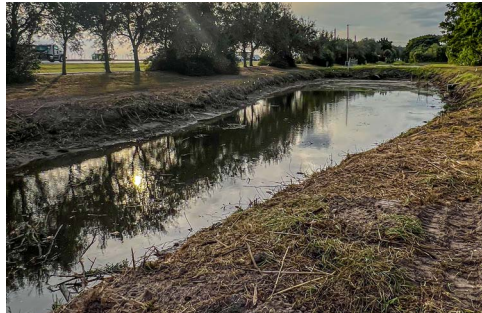
The collecting canal that lies between our flood control structure and the Florida Dept of Water Management Canals and Pump Station was overgrown with large invasive trees and vines and other vegetation. This overgrowth risked obstructing a critically important waterway and was providing habitat for the growing invasive iguana problem.

As of December 10, the collecting canal problem was solved. A big thank you to East Coast Landscaping and to the canal committee for their diligent efforts to protect our waterways.

BEFORE



AFTER



Fox Trail License Plates

If you are interested in ordering a **FOX TRAIL** license plate, please email info@foxtrailpoa.com



Emergency Phone Numbers

**FLORIDA WILDLIFE
-GATOR PATROL
866-392-4286**

**FLORIDA
POWER & LIGHT
1-800-4-OUTAGE**

**BUSCH
WILDLIFE SANCTUARY
561-575-3399**

**NON EMERGENCY
POLICE
561-688-3400**

**MCCARTHY'S
WILDLIFE SANCTUARY
561-790-2116**

**EMERGENCY CONTACT
FOR BOARD
561-879-0907**

IMPORTANT REMINDER

Please be advised that waste piles identified as exceeding the permissible size for regular pick-up must be promptly removed. Failure to do so may pose a hazard to both individuals and the community in the event of a storm. Below, we have provided a list of companies that you may engage to facilitate the removal of your large waste piles:

**MASTER TREE SERVICES, LLC
561-508-4550**

**DEBRIS DOG
MIKE: (561) 662-0498 - NICK: (561) 718-8979**

**LEARN MORE ABOUT YARD WASTE REMOVAL
AT THE [SOLID WASTE AUTHORITY WEBSITE](#).**

Holiday Decorating Contest

Let's get Festive!

There will be a prize for the best decorated house in the neighborhood. Also, there will be a special feature on the cover of our next newsletter.

Join in on the fun and show your Holiday Spirit.



Holiday Recipes

Sorrel • Roselle (*Hibiscus sabdariffa*)

Ingredients:

- 1 packet sorrel (dry or fresh)
- 3 oz ginger (slice into 2-3 pieces)
- 1 cinnamon stick
- 1 bayleaf
- 1/2 teaspoon grated nutmeg
- 2 quarts water
- Sugar to taste



Combine all ingredients, except the sugar, in a large pot. Gently simmer for about 15-20 minutes, then remove from heat.

Allow the mixture to sit for between 30 minutes to two hours to infuse. Strain the mixture into a jar or mug, sweeten to taste and dilute the mixture to your preference.

Set in fridge to chill and serve over ice.

Submitted by: Koreen Johnson

SANTA'S Sugar Cookies

2 3/4 cups all purpose flour
1 1/2 cups white sugar
1 teaspoon baking soda
1/2 teaspoon baking powder
1 teaspoon vanilla extract
1 cup of butter softened
1 egg

Preheat oven to 375 degrees
In a bowl stir flour, baking soda, and baking powder together. Set aside.
In another bowl, cream together the butter and sugar until smooth. Beat in the egg and vanilla extract.
Gradually blend in dry ingredients.
Roll the dough out flat and use cookie cutters to create your own special Santa cookies.
Bake 8-10 minutes or until golden brown.
Let them cool on a rack and then decorate frosting or sprinkles or both! Yummy!

serve with an ice cold glass of milk!

HOLIDAY SAFETY TIPS *for our furry friends*



Use those fall pumpkins to improve your pet's health. Cats, dogs, chickens, and even horses can all benefit from **pumpkin's fiber and vitamins**. A substance in pumpkin seeds called cucurbitin that paralyzes worms in the digestive tract, making them easier to pass. Seeds should be ground first to avoid choking and given in moderation. Raw pumpkin can be given to chickens and horses but be sure to bake your pumpkin before giving it to dogs and cats.

- **Dogs** can receive a dose a ¼ tsp of ground seed per 10 lbs. of weight, twice per day.
- For **chickens**, 2g of ground seed per bird per day is recommended.
- For **cats**, a pinch of ground seeds on their food will boost the fiber and nutritional content of their meal.
- Hang those smaller pumpkins in your **horse's** stall for some environmental enrichment or cut it into pieces and add it to their feed. Just remember to remove the stem as it may be a choking hazard.



Even though our South Florida cold spells are mild compared to the northern states, remember, if it's too cold for you to be outside, it's probably too cold for your small pet to be outside. Please provide a shelter for your outdoor pets that has a wind break and some straw or blankets.

FOOD SAFETY



ADULT BEVERAGES

Adult beverages can be seriously dangerous for your furry friends.

Alcohol and liquor-infused desserts can result in seizures, respiratory distress, and incoordination.

Caffeine can cause hyperactivity, seizures, and muscle twitching.



SWEETS

Candy and sweets can be toxic to pets, especially chocolate and anything with the sugar substitute xylitol. Look for vomiting, diarrhea, weakness, and seizures.

LEFTOVERS

Bones can easily splinter or become lodged causing a medical emergency or even death.

Fatty and spicy foods, nuts, and dairy cannot be digested and can cause stomach upset, nausea, vomiting, and diarrhea.



FRUITS AND VEGGIES

Citrus peel and fruit pits/seeds contain citric acid and oils that cause irritation and difficulty breathing.

Grapes and raisins, even in small amounts, can cause kidney failure in dogs.

Onions, garlic, shallot, and chives can damage red blood cells and cause serious medical distress.

PLANTS

Jade, amaryllis, aloe vera, philodendron, begonia, snake plant, lily varieties (such as, peace, calla, easter, tiger, and day lilies), pothos, mistletoe, holly, and poinsettia are dangerous for pets and should be kept out of reach.





STAY UP-TO-DATE WITH

Holiday Events

Check out the "Things to Do" in the surrounding areas

West Palm Beach Community Events Calendar

Village of Wellington Events

Royal Palm Beach Events Calendar

The Palm Beaches Signature Events

DELRAY IS GOING
TO THE
DOGS

JOIN US
SUN, DEC 15, 2024
12:00 - 4:00 PM
FOR THE 5TH ANNUAL
POOCHES & PRESENTS
IN THE PARK

AT OLD SCHOOL
SQUARE IN DELRAY BEACH

JAN 2

Peggy Adams
ANIMAL RESCUE LEAGUE

LUCKY
DOG
TRAINING CLUB

**ASK THE
TRAINER**
FREE BEHAVIOR
Q&A SESSION

INFORMATIVE & FUN
Ask The Trainer

5:30 PM - 6:30 PM • Peggy Adams Rescue League



Do you have any "Tips and Tricks"? Let us know! • Email: info@foxtrailpoa.com

Winter Activities

PALM BEACH COUNTY
Natural Areas Festival
SATURDAY, FEBRUARY 15TH
WINDING WATERS NATURAL AREA
6161 HAVERHILL ROAD, WEST PALM BEACH
2:00PM-7:00PM

FIRE DEMO · SMOKEY BEAR · WILDLIFE PRESENTATIONS · GUIDED HIKES · KAYAK TOURS · TRAIL RUN · KID ZONE · FOOD TRUCKS · NATIVE PLANT · VENDORS · SUNSET CELEBRATION & MORE

Trail Run, Free Kayaking, Burn Demo, Exhibitors, Kids Zone, Planting Project, Wildlife Presentation

I think we can all agree that our mild winter weather is one of the rewards of living in Florida. It is, after all, the reason why snowbirds of the avian and human varieties migrate here. There is no better time to get out and enjoy the natural beauty of our area. **THE PBC ENVIRONMENTAL RESOURCES MANAGEMENT DEPARTMENT** offers free guided events year-round. You can join a trail run, go birdwatching, hunt for wildflowers, hike or kayak all through our natural areas, or join a volunteer clean up. From slough to forest trail to the beaches of PBC, there is an activity for everybody. Although these guided tours are free, registration is required. Click [HERE](#) to see all the events offered and get registered.

PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 LET'S GO EXPLORE POLLINATORS AND NATIVE PLANTS AT NORTH JUPITER FLATWOODS NATURAL AREA

Adventure Awaits - Let's Go Explore Pollinators and Native Plants
 Wednesday • 9:30 AM
 North Jupiter Flatwoods Natural Area
 Free

PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 A MILE TRAIL RUN AT ROYAL PALM BEACH PINES NATURAL AREA

Running Wild - 4 Mile Trail Run at Royal Palm Beach Pines Natural Area
 Saturday • 8:00 AM
 Royal Palm Beach Pines (North Parking Lot)
 Free

PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 BIRDING W/O BINOX AT PONDHAWK NATURAL AREA

Adventure Awaits - Birding W/O Binox at Pondhawk Natural Area
 Saturday • 9:00 AM
 Pondhawk Natural Area
 Free

PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 TREES OF PALM BEACH COUNTY AT DELRAY OAKS NATURAL AREA

Adventure Awaits - Trees of Palm Beach County at Delray Oaks Natural...
 Saturday • 4:00 PM
 Delray Oaks Natural Area
 Free

PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 SWAMP TROMP AT CYPRESS CREEK NORTH NATURAL AREA

Adventure Awaits - Swamp Tromp at Cypress Creek North
 Wed, Dec 18 • 9:30 AM
 Cypress Creek North Natural Area
 Free

PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 JOIN THE WANDERING WILDFLOWER CREW AT HYPOLOXO SCRUB NATURAL AREA

Adventure Awaits - Join the Wandering Wildflower Crew
 Wed, Dec 18 • 9:30 AM
 Hypoluxo Scrub Natural Area
 Free

PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 SUNSET HIKE FOR THE HOLIDAYS AT ROYAL PALM BEACH PINES NATURAL AREA

Adventure Awaits - Sunset Hike for the Holidays
 Wed, Dec 18 • 3:30 PM
 Royal Palm Beach Pines Natural Area North Parking...
 Free

Not Yet On Sale
 PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 INVASIVE PLANT WEED PULL AT JUNO DUNES NATURAL AREA

Adventure Awaits - Invasive Weed Removal Crew @ Juno Dunes Natural...
 Thu, Dec 26 • 9:00 AM
 Juno Dunes Natural Area
 Free

Not Yet On Sale
 PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 WEEDING FOR THE BIRDS AT TARPON COVE

Adventure Awaits - Weeding and Trash Cleanup for the Birds at Tarpon Cove
 Fri, Dec 27 • 9:00 AM
 2994 S Flagler Dr
 Free

Not Yet On Sale
 PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 SUNSET PADDLE TO SAWFISH ISLAND

Adventure Awaits - Sunset Paddle
 Thu, Jan 2 • 4:00 PM
 Sawfish Bay Park
 Free

Not Yet On Sale
 PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 NATURE SCAVENGER HUNT AT ROYAL PALM BEACH PINES NATURAL AREA

Adventure Awaits - Nature Scavenger Hunt at Royal Palm Beach Pines
 Mon, Jan 6 • 9:30 AM
 Royal Palm Beach Pines Natural Area
 Free

Not Yet On Sale
 PALM BEACH COUNTY NATURAL AREAS
WINTER
Adventure Awaits
 SWAMP TROMP AT CYPRESS CREEK NORTH NATURAL AREA

Adventure Awaits - Swamp Tromp at Cypress Creek North
 Wed, Jan 8 • 9:30 AM
 Cypress Creek North Natural Area
 Free

More family fun can be found at our Wellington Winter Equestrian Festival that runs from Jan-Mar. Located on or near Pierson Blvd, weekend events showcase the best the world has to offer. Many participants have represented their countries in the Olympics and at competitions around the globe.

On Fridays you can watch the **FRIDAY NIGHT STARS** which is a Dressage (think dancing horses) Event. It is \$22 to park but entrance is free so load up that car and make the most of it. You can even bring Fido if he's leashed. The event starts at 7 pm but the gates open at 6 pm.

Here is a link to all the FNS events: **DRESSAGE CALENDAR**

13500 S Shore Blvd, Wellington, FL 33414



SATURDAY NIGHT LIGHTS is reserved for jumpers. The heights and speeds which the horse and rider achieve on the course are extraordinary. You will find a favorite entry to cheer on as they compete against other entries and the clock to take the grand prize.

Free entertainment abounds in a petting zoo, carousel, face painting, a live band, and pony rides, of course! There is a cost of \$22 to park at Wellington International where the event takes place, but you can park for free at Equestrian Village and take a shuttle ride (also free) to the event. The event starts at 7 pm but the gates open at 6 pm.

Here is a link to all the SNL events: **SHOW JUMPING CALENDAR**

3400 Equestrian Club Dr, Wellington, FL 33414

Sundays are for **POLO MATCHES** which will require the purchase of a ticket for admittance and a fee for parking. Scroll down on this **POLO CALENDAR** to see the 2025 schedule.

Bring a friend (or neighbor!) and dress to impress while you sip complimentary champagne at halftime and stomp those divots back into place. The excitement of the horses and players vying to score the point with the ball will be sure to bring you back the following weekend. Before you get to your first chukker, check out this **WEBSITE** that will make your polo knowledge as spectacular as your ensemble.

3667 120th Avenue South, Wellington, FL 33414



➤ *If your weekends are booked or your wallet is bare, don't worry, all three of these venues offer free admittance and parking to the weekday events. Check out the venue websites for more details.*

Invasive Species Around the Neighborhood

This issue of our newsletter we are taking a look at two invasive animal and plant species. There are many species of animals and plants that are not native to Florida and **most are not considered invasive**. For a plant or animal to be categorized as invasive, it must be harmful to the ecosystem.

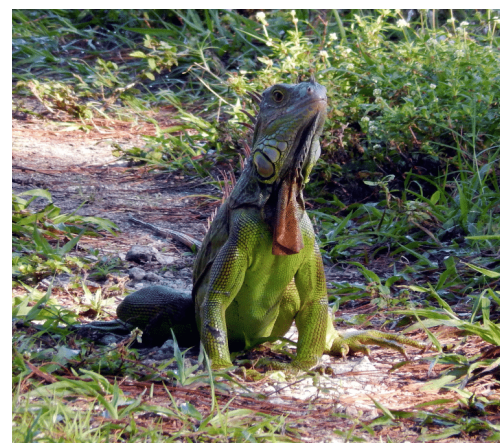
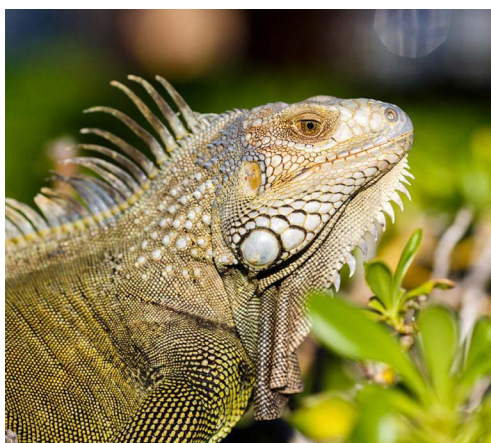


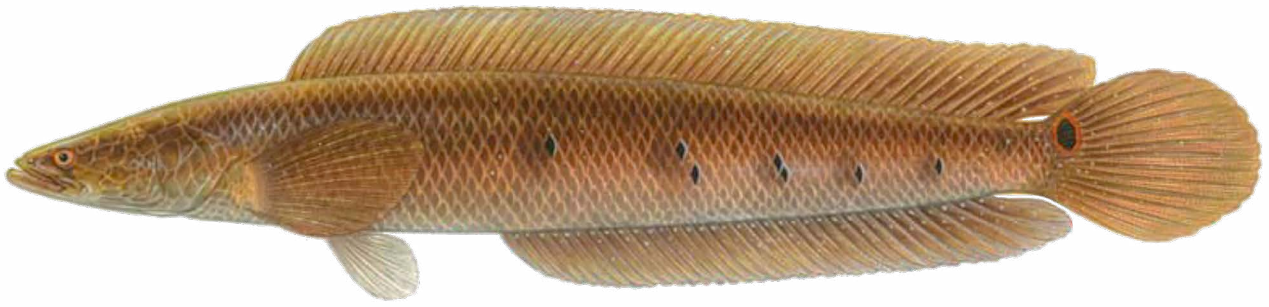
Ecological Risk Factors:

-  Introduced to Multiple Locations
-  Present in Areas with Protected Species
-  Able to Spread to New Locations
-  High Reproductive Potential
-  High Climate Suitability
-  In Areas Connected to Other Natural Habitats

The green iguana was first introduced to the Florida ecosystem around 1964 via the exotic pet trade. They can be identified by a row of spikes along their back and upper tail. The juveniles are bright green and they change to an orange color as they mature. Male iguanas can grow to be 5 feet long and 17 pounds. Iguanas dig long, interconnected burrows along canal banks, bridges that can cause structural collapse. Although they are primarily herbivores, they compete with native species for food and mature iguanas are opportunistic feeders who also consume native bird eggs and tree snails. They have proliferated because they do not have any natural predators and can lay up to 76 eggs in a clutch. Homeowners can discourage iguanas on their property by hanging wind chimes, CDs that reflect light, and filling in their burrows. The Florida Fish and Wildlife Conservation Commission recommends humane killing of iguanas found on a homeowners property.

For more information on iguanas you can go to [GREEN IGUANA](#) and [GREEN IGUANA FLYER](#).





SNAKEHEAD — STATUS: **INVASIVE**

The Snakehead fish is an invasive species that can be found in the Fox Trail canals. They are native to Asia and were first documented in the Pompano Beach area in 2020. It may be their popularity as a game fish and excellent edibility that caused the release into the Florida ecosystem. Snakeheads are carnivorous bottom dwellers that feed on a wide variety of native species including crayfish, other fish, insects, and small reptiles. They can survive in low oxygen environments and have been seen crawling onto land in search of prey. You can read more about the Snakehead fish at **SNAKEHEAD FWC** and **FLORIDA MUSEUM**.

In order to help control the Snakehead population in our canals, the **Fox Trail POA is hosting a Snakehead Round Up** on Jan 3-5 with prizes awarded for the most snakeheads caught (by weight). Following the Round Up there will be a neighborhood barbeque. You can sign up at the **Fox Trail POA website** to be eligible for prizes.



Another way you can help control invasive species is by clearing out vegetation that competes with our native plants.



The Brazilian Pepper *Schinus terebinthifolius* plant is a shrub that can grow dense foliage up to 40 ft tall. It harms native plants by shading them out and releasing a noxious chemical that prevents other plants from growing near it. This chemical also makes it unpalatable to animals. Contact with it can cause rashes and burning it may cause

irritation of airways. Eradication requires removal of the roots as well as the foliage. Long sleeves and gloves are recommended.

The Rosary Pea *Abrus precatorius* can often be found growing on fences or on trees. It can shade out or displace native plants. Eradication requires removal of the seedling and any seeds in the area.

If you need help identifying other invasive plants, you can visit these sites for more information:



FLIP: FLORIDA INVASIVE PLANTS and **UF/IFAS CENTER FOR AQUATIC AND INVASIVE PLANTS**.

FRIENDLY REMINDERS

Please remember not to place bulk garbage items out until Friday for Saturday pickup.

Please remember that if you have organic material larger than 6 cubic yards. (6 feet long x 6 feet wide x 5 feet tall)

SOLID WASTE AUTHORITY OF PALM BEACH COUNTY

Email questions to:
info@foxtrailpoa.com



Board Meetings

The Fox Trail POA, Board of Directors meetings will be held each month on the last Thursday at 6:00 p.m.

Location of Meetings:
Acreage Branch Library
15801 Orange Blvd.
Loxahatchee, FL 33470

Community Schedule Stay Up-to-Date

MOWING SCHEDULE

LION COUNTRY SAFARI ROAD
Summer Schedule:
May 1 to Oct. 1/Twice per month

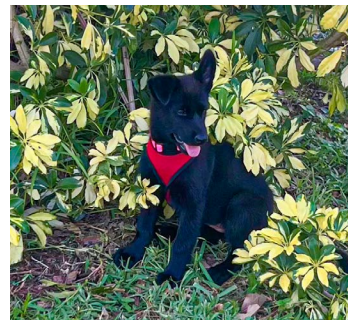
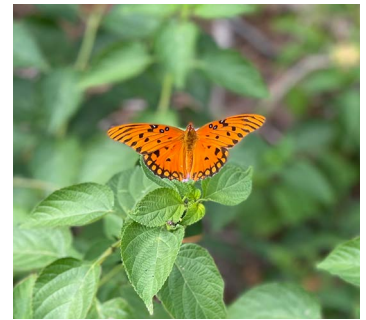
ALL ROADWAYS
Summer Schedule:
May 1 to Oct. 1/Twice per month

BUSH HOG BRIDLE PATH
Every 4-6 weeks as needed.
Mowing is directed by a Fox Trail Board Representative.

Fox Trail "At a Glance"

We encourage you to send us your community photos. We will publish in the newsletter and start a gallery on the website.

Email photos to: info@foxtrailpoa.com



PLEASE SHARE YOUR IDEAS WITH US!

If you have ideas or if there's something you would like to see in the newsletter, please email us your ideas and suggestions.

Email ideas and suggestions to: info@foxtrailpoa.com